

- ◆ A flat arm pad allows comfortable operation. It allows aligning elbow off pad in order to reduce joint compression.

**PREACHER CURL BENCH
JBR-117**

- ◆ **DIMENSION:**
Length : 54 inches / 137cms
Width : 48 inches / 122 cms
Height : 38 inches / 97 cms

- ◆ **MUSCLE WORKED:**
Brachialis Muscle

